



35th Annual Pee-Wee Run July 14th 2013

In conjunction with Pepsi Cola and the Alton Road Runners Running Club, Hit N Run is proud to be a co-sponsor of the 35th Annual Alton Road Runners PEE-WEE RUN.

The event will be held in beautiful Gordon Moore Park on the morning of July 14th, 2013. We are expecting between 150 and 200 children under the age of 15, to be participating in the event.

It is the best deal of the year! For a \$5.00 entry fee, each runner will get a T-Shirt to wear and to keep (very cool!). After the race, to help cool down the runners, a free 20oz. Pepsi product will be handed out to runners and for those watching. After everyone cools down from the race, there will be a drawing in which every race participant will get a prize. Numerous Hit-N-Run vendors and partners donate prizes for the drawing.

It is a great time. Come join us. Bring the kids or grandkids, or great grand kids if you are as old as I am!

Thanks
Mark Hackworth
Hit-N-Run Food Stores

**17th Annual
ALTON
ROAD RUNNERS CLUB**

Race, Walk or Run for Fun...

When: Saturday, June 8, 2013
Packet Pick-up and Registration 7:30 - 8:30 am
at Main Shelter



Races Start at 9:00 am
Where: Glazebrook Park, Godfrey
Godfrey Rd. to Stamper Ln.

Distance: 1/2 mile - 14 & under
1 mile - 15 & over **Ribbons for 14 & under.**
Cost: \$5 for 14 & under **Everyone can enjoy**
\$5 for 15 & over **doughnuts & juice by**
the lake after the race!

**Alton
Memorial
Family Run**

**35th Annual
ALTON
ROAD RUNNERS CLUB**

**An Alton Road Runner Tradition!
A Great Youth Run!**

When: Sunday, July 14, 2013
Packet Pick-up and Registration 6:45 - 7:45 am

Races Start at 8:00 am

Where: Gordon Moore Park, Alton
(off Highway 140)

Distance: 1/2 mile

Age Groups: 8 & under
9 - 14

Cost: \$5 for all
runners



Prizes:
T-Shirts for all
participants, Ribbons
for all, Raffle and
Free refreshments

**Hit-n-Run
Pee Wee Run**

**18th Annual
ALTON
ROAD RUNNERS CLUB**

**Family Run &
Free Swim & Slide After Race!**

When: Sunday, August 4, 2013
Packet Pick-up and Registration 3:30 - 4:30 pm

Races Start at 5:00 pm

Where: East Alton-Wood River
High School Track

Age Groups: 15-19, 20-29, 30-39, 40-49, 50 - up

Distance: 1/2 mile - 14 & under **Awards & Prizes:**
1 mile - 15 & over **Ribbons for top 3**
Medals for each age

Cost: \$5 for 14 & under
\$10 for 15 & over **male/female in each age**
group, T-shirts for all
entrants.



The Aquatic Center
WOOD RIVER, ILLINOIS

Dash-n-Splash

**Pool Time
7:30-9:00 p.m.**

SUMMER RUNNING SERIES ENTRY FORM 2013

CHECK ONE:

- 3-Event Series -14 & under can sign up for the entire series for only \$5.00 by June 6th (\$10.00 after)!!!
- Entire Family - Entire Series for only \$30.00 (includes 2 adults / 3 kids) by June 6th (\$45.00 after)!!!
- Alton Memorial Family Run Pee Wee Run Dash-n-Splash

Name

Age

Male/Female

Address

City

State

Zip

Phone

Make checks payable to: Alton Road Runners. Mail to: 709 Ridgeway, East Alton, IL 62024

WAIVER ON RACE APPLICATION: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Alton Road Runners Club, the City of Alton, IL, the City of Wood River, IL, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. **Absolutely no dogs, roller skates or headsets.**

Signature required below. Under 18 requires parent/guardian signature.

Signature

One participant per entry form. Duplicate if necessary.

Join Us for a Summer of Family Fun and Fitness!

Here's a great opportunity to get the whole family together for three events that are sure to be packed with fun for all. Your family may choose to participate in the entire Summer Series or run/walk in only one or two events.

Pre-registration \$5.00 by June 6th for youth 14 and under - after June 6th, \$10.00 for the series or \$5.00 per race.

Entire family (2 adults/3 kids) \$30.00 before June 6th - after June 6th, \$45.00.

Awards & Prizes:

All participants 14 & under who complete all three events will receive a special award at the final event of the series.

While the races are the highlight of our three-event series, there's more to the fun than just running or walking...

Enjoy doughnuts & juice by the lake in June, get t-shirts and register for the raffle in July and for the finale, plan to cool off in the beautiful Wood River Aquatic Center pool or take a wild wet ride down the slide.

Whether you run or walk in the events, you're sure to add some fitness and fun to your summer by participating in the Alton Road Runners Summer Running Series.

For more information call - 618-972-8635

With Thanks to Our Sponsors:

Alton Memorial Hospital • Hit-N-Run Food Stores

Pepsi • Wood River Aquatic Center

Stiles Communication, Inc. • Alton Park & Recreation

Godfrey Park & Recreation

2013 Summer Running Series

